Richoux 2019-20

Elementary Hot Meal

L.E. 47

The meal price for the Elementary hot meal L.E. 47; it includes fresh seasonal fruit salad. The price of either mix milk or pure juice is an extra LE 8 per drink; fresh juice is an extra LE 15 per drink

Chicken Drumsticks with BBQ sauce, mashed potato and sautéed vegetables
Grilled chicken drumsticks served with BBQ sauce, freshly made mashed potato and a
combination of sautéed vegetable

Mac & Cheese

Pasta swirled in a creamy cheese sauce

Chicken Pasta Pomodoro

Grilled Chicken Tenders with fusilli in a rich home made fresh tomato sauce, served with carrot and cucumber sticks

Cheesy chicken Sloppy Joes

Shredded chicken Sloppy Joes way, with mozzarella in a bun served with wedge potato and a side salad

Chicken Taco

Soft taco filled with chicken, tomato, corn, guacamole and lettuce

Tiny teriyaki meatballs

Tiny meatballs in a teriyaki sauce served with rice and vegetables

Chicken Ranch Quesadillas

Chicken and cheese in tortilla bread served with Pico de gallo

Cheesy chicken and rice

Grilled chicken with a creamy rice topped with cheese and served with a side salad

Roast lemon herb chicken

Lemon herb chicken served with creamy pasta, sweat corn and a side salad

100% Beef Burger

Beef burger served with wedge potato, cucumber and carrots sticks

Chicken and sweet potato curry

Chicken and sweet potato in a very mild curry served with rice and a side salad

Baked beef Ziti

Penne baked with beef and cheese in the oven

Grilled chicken skewers

Grilled chicken skewers served with pasta shells in a pesto sauce and a side salad

Meat Balls and Rice

Meatballs in tomato sauce served with rice and a side salad

Breaded Chicken

Breaded strips chicken served with penne Arrabiatta and a side salad

Chicken Alfredo

Pasta with grilled chicken strips in cream sauce, with a side salad

Crumbed chicken

Crumbed chicken served with freshly made mash potato with bbq sauce and Oven roasted vegetables

Chicken stroganoff

Strips of chicken in a rich creamy mushroom sauce served with rice and vegetables

Chicken Nuggets and vegetables

Chicken nuggets served with oven roast potato and a combination of sautéed vegetables

Creamy chicken strips

Chicken strips served with rice and vegetables

Beef Lasagna

Oven baked lasagna layered and filled with minced meat, fresh tomato sauce and cheese

Spaghetti Bolognaise

Mince bolognaise on a bed of Spaghetti with carrot and cucumber salad

Grilled chicken strips with BBQ sauce, vegetables and mashed potato

Chicken strips and BBQ sauce served with freshly made mashed potato and a combination of sautéed vegetables

Pizza Marghertia

Pizza with mozzarella and tomato sauce

Chicken Burger

Grilled chicken breast in a freshly baked bun and lettuce served with oven baked wedge potatoes and slices of fresh tomatoes and cucumber

A seasonal fresh fruit salad will be served with each meal

Monday Meal Special (Koshari) LE 25

The price of either mix milk or pure juice is an extra LE 8 per drink; fresh juice is an extra LE 15 per drink